

2nd INTERNATIONAL SYMPOSIUM ON CMC 1 PROSTHESIS

**MAY 1-2,
2026**

Nice, France

Chairmen

Daniel HERREN, MD (Switzerland)

Adil TRABELSI, MD (France)

Scientific committee led by

Joris DUERINCKX, MD PhD (Belgium)

PROGRAM

STATE OF THE ART IN CMC1

www.cmc1symposium.com

CMC1
SYMPOSIUM
— 2ND EDITION —

SPONSORS

2nd INTERNATIONAL SYMPOSIUM ON CMC 1 PROSTHESIS



medartis



Become a Sponsor!

If you would like to support the symposium and gain visibility
with attending professionals, please contact us at:

contact@cmcsymposium.com

STATE OF THE ART IN CMC1

Join leading hand surgeons from around the world for a two-day symposium dedicated to CMC 1 osteoarthritis and prosthesis surgery.

Through six highly practical oriented sessions, we will examine patient profiling, treatment algorithms, implant evolution and design, and key surgical techniques from preoperative imaging to precise implantation. Interactive debates will address complications, revision decision-making, and real case discussions, culminating in an exploration of emerging concepts and future innovations in CMC 1 management.

Delivered by a distinguished international faculty, the programme offers exceptional scientific depth and a truly global perspective.

A premium learning experience providing hand surgeons with practical, evidence-based strategies for immediate use in the operating room.

Chairmen

Daniel HERREN, MD (Switzerland)
Adil TRABELSI, MD (France)

Scientific committee

Joris DUERINCKX, MD PhD (Belgium)
Stéphane BARBARY, MD (France)
Lionel ATHLANI, MD, Prof. (Switzerland)
Nicolas DREANT, MD (France)
Martin JUNG, MD, Prof. (Germany)
Zafar NAQUI, MD (United Kingdom)
Laurent OBERT, MD, Prof. (France)

International Faculty

Enrico CARITA, MD (Italy)
Tjeerd DE JONG, MD (Netherlands)
Damian GOMEZ, MD (Spain)
Matteo GUZZINI, MD, Prof. (Italy)
Axel KAULICH, MD (Austria)
Thomas KROHN, MD (Germany)
Olivier MARES, MD (France)
Marion MÜHLDOERFER, MD PhD (Germany)
Benjamin PANZRAM, MD PhD (Germany)
Michaël SOLOMONS, MD (South Africa)
Sumedh TALWALKAR, MD (United Kingdom)
Alain TCHURUKDICHIAN, MD (France)
Jacques TEISSIER, MD (France)

SYMPOSIUM

DAY 1

FRIDAY 1 MAY 2026

8:00 Welcoming and coffee

8:30 – 10:30

SESSION 1

The Patient: Introduction / Anatomy / Biomechanics /CMC OA

Scientific committee: Zafar NAQUI, MD (UK)

International Faculty: Tjeerd DE JONG, MD (NL) / Matteo GUZZINI, MD, Prof. (IT)

- Introduction
- Why CMC 1 implant arthroplasty change my life? Patient feedback
- What is special about the CMC 1 joint? Look into anatomy and biomechanics
- Why is the thumb saddle joint prone to become osteoarthritic? Patient's profil
- Panopticum of treatment options in CMC 1 OA
- Diagnostics of thumb saddle joint OA
- Redflags around patients which require treatment of CMC 1 OA / Patient profile / Pre-op and post-op management

10:30 – 11:00

Coffee Break and Exhibition Visit

11:00 – 12:30

SESSION 2

History : CMC 1 implant arthroplasty Design and function

Scientific committee: Lionel ATHLANI, MD, Prof. (FR) / Nicolas DREANT, MD (FR)

International Faculty: Sumedh TALWALKAR, MD (UK) / Jacques TEISSIER, MD (FR)

- Why a ball-and-socket joint?
- 4th generation of implant : differences from previous generations and summary of best and worst prostheses
- Material properties: wear, fatigue and oxidation
- Are allergic patients an issue?
- Bone implant fixation / Osseointegration / Is bone cement an option?

12:30 – 1:30

Lunch Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

1:30 – 3:30

SESSION 3

Surgery 1: Indication / Standard technique

Scientific committee: Martin JUNG, MD, Prof. (DE)

International Faculty: Thomas KROHN, MD (DE) / Olivier MARES, MD (FR)

- Indication for CMC 1 arthroplasty.
- Planing and learning curve / Extreme indications
- Set up in the OR including x-ray and anesthesia
- Surgical approach and handling of the soft tissue including release
- Metacarpal & Trapezium preparation
- Biomechanical considerations around the cup / Alignment / Stress balance
- Which neck? Tension.
- Post op according to patient profil / What do you do ? *Votation from the audience*

3:30 – 4:00

Coffee Break and Exhibition Visit

4:00 – 5:30

SESSION 4

Surgery 2: Intraoperative complications and their possible solutions

Scientific committee: Joris DUERINCKX, MD PhD (BE)

International Faculty: Enrico CARITA, MD (IT) / Benjamin PANZRAM, MD PhD (DE)

- Intraoperative fractures
- Malpositioning of the cup, misalignment of the prosthesis, tension: How to detect ? Acceptable limits ?
- Intraoperative conversion in resection arthroplasty. Tips and tricks.
- Additional procedures. Handling of MCP I

5:30

End of session

8:00

Gala dinner

More information on the next page

GALA DINNER

FRIDAY 1 MAY, 2026

Starting from 8:00 PM



The Gala Evening is a highlight of the event, bringing together all participants for an elegant and festive night. The program includes a cocktail dinner and opportunities to network in a warm and sophisticated atmosphere.

Pre registration required.



Radisson **BLU**

DAY 2

SATURDAY 2 MAY 2026

8:30 **Welcoming and coffee**

9:00 – 11:00

SESSION 5

Surgery 3: Revision strategies / case discussions

Scientific committee: Stéphane BARBARY, MD (FR)

International Faculty: Damian GOMEZ, MD (SP) / Marion MÜHLDOERFER, MD PhD (DE)

- What symptoms might indicate a postoperative problem? Diagnostics? Adverse event examples
- De Quervain
- Mechanical complication at early stage: Implant or bone conflict without loosening / Overstress / Stiffness / Dislocation
- Cup loosening and long term failure
- Cases from the audience
- Cases from the faculty. Pushing the limits

11:00 – 11:30

Coffee Break and Exhibition Visit

11:30 – 1:30

SESSION 6

Outcome measures and future projects

Scientific committee: Laurent OBERT, MD, Prof. (FR)

International Faculty: Axel KAULICH, MD (AT) / Michaël SOLOMONS, MD (RSA)

- Why the CMC 1 prosthesis matters: Prevalence of thumb and hip osteoarthritis and surgical rates
- How to measure and document outcomes? Is there a 'poor man's' registry?
- Analysis on French data on 40.000 Touch CMC1 prosthesis
- Touch in the US. Frist experience, what can we learn?
- Future project: Education including virtual reality
- Can we use KI and VR in future to improve CMC 1 arthroplasty

1:30

End of the symposium and Lunch

CMC1

SYMPOSIUM

— 2ND EDITION —

www.cmc1symposium.com