

2nd INTERNATIONAL SYMPOSIUM ON CMC 1 PROSTHESIS

MAY 1-2,
2026

Nice, France

Chairmen

Daniel HERREN, MD (*Switzerland*)
Adil TRABELSI, MD (*France*)

Scientific committee led by

Joris DUERINCKX, MD PhD (*Belgium*)

PROGRAM

STATE OF THE ART IN CMC 1

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STATE OF THE ART IN CMC 1

Join leading hand surgeons from around the world for a two-day symposium dedicated to CMC 1 osteoarthritis and prosthesis surgery.

Through six highly practical oriented sessions, we will examine patient profiling, treatment algorithms, implant evolution and design, and key surgical techniques from preoperative imaging to precise implantation. Interactive debates will address complications, revision decision-making, and real case discussions, culminating in an exploration of emerging concepts and future innovations in CMC 1 management.

Delivered by a distinguished international faculty, the programme offers exceptional scientific depth and a truly global perspective.

A premium learning experience providing hand surgeons with practical, evidence-based strategies for immediate use in the operating room.

Chairmen

Daniel HERREN, MD (CH)
Adil TRABELSI, MD (FR)

Scientific committee

Joris DUERINCKX, MD PhD (BE)
Stéphane BARBARY, MD (FR)
Lionel ATHLANI, MD, Prof. (CH)
Nicolas DREANT, MD (FR)
Martin JUNG, MD, Prof. (DE)
Zafar NAQUI, MD (UK)
Laurent OBERT, MD, Prof. (FR)

International Faculty

Enrico CARITA, MD (IT)
Tjeerd DE JONG, MD (NL)
Damian GOMEZ, MD (SP)
Matteo GUZZINI, MD, Prof. (IT)
Axel KAULICH, MD (AT)
Thomas KROHN, MD (DE)
Olivier MARES, MD (FR)
Marion MÜHL DORFER, MD PhD (DE)
Benjamin PANZRAM, MD, Prof. (DE)
Michaël SOLOMONS, MD (RSA)
Sumedh TALWALKAR, MD (UK)
Alain TCHURUKDICHIAN, MD (FR)
Jacques TEISSIER, MD (FR)

SYMPOSIUM

DAY 1

FRIDAY 1 MAY 2026

8:00 Welcoming and coffee

8:30 - 10:30

SESSION 1

The Patient: Introduction / Anatomy / Biomechanics / CMC OA

Scientific committee: Zafar NAQUI, MD (UK)

International Faculty: Tjeerd DE JONG, MD (NL) / Matteo GUZZINI, MD, Prof. (IT)

- Introduction
Zafar NAQUI (UK)
- Why CMC 1 implant arthroplasty change my life? Patient feedback
Graham CHEUNG (UK)
- What is special about the CMC 1 joint? Look into anatomy and biomechanics
Mohssen HAKIMI (DE)
- Why is the thumb saddle joint prone to become osteoarthritic? Patient's profil
Jane MCEACHEN (UK)
- Panopticum of treatment options in CMC 1 OA
Zafar NAQUI (UK)
- Diagnostics of thumb saddle joint OA
Kjell VAN ROYEN (BE)
- Redflags around patients which require treatment of CMC 1 OA / Patient's profil / Pre-op and post-op management
Alex LLUCH (SP)

10:30 - 11:00

Coffee Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

11:00 - 12:30

SESSION 2

History : CMC 1 implant arthroplasty Design and function

Scientific committee: Lionel ATHLANI, MD, Prof. (FR) / Nicolas DREANT, MD (FR)

International Faculty: Smedh TALWALKAR, MD (UK) / Jacques TEISSIER, MD (FR)

- **Why a ball-and-socket joint?**
Tristan LASCAR (FR)
- **4th generation of implant : differences from previous generations and summary of best and worst prostheses**
Jean-Luc ROUX (FR)
- **Material properties: wear, fatigue and oxidation**
Julie MOTTET (FR)
- **Are allergic patients an issue?**
Nicolas BIGORRE (FR)
- **Bone implant fixation / Osseointegration / Is bone cement an option?**
Jonathan HOBBY (UK)

12:30 - 1:30

Coffee Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

1:30 – 3:30

SESSION 3

Surgery 1: Indication / Standard technique

Scientific committee: Martin JUNG, MD, Prof. (DE)

International Faculty: Thomas KROHN, MD (DE) / Olivier MARES, MD (FR)

- Indication for CMC 1 arthroplasty
Nicolas DREANT (FR)
- Extreme indications
Alain TCHURUKDICHIAN (FR)
- Planing and learning curve / Intra operative X-ray
Thomas KROHN (DE)
- Surgical approach and handling of the soft tissue including release
Jean-Michel COGNET (FR)
- Metacarpal & Trapezium preparation
Joris DUERINCKX (BE)
- Biomechanical considerations around the cup / Alignment / Stress balance
Lionel ATHLANI (CH)
- Which neck? Tension
Renaud DUCHE (FR)
- Post op according to patient profil / What do you do ? (Votation from the audience)
Olivier MARES (FR)

3:30 – 4:00

Coffee Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

4:00 - 5:30

SESSION 4

Surgery 2: Intraoperative complications and their possible solutions

Scientific committee: Joris DUERINCKX, MD PhD (BE)

International Faculty: Enrico CARITA, MD (IT) / Benjamin PANZRAM, MD, Prof. (DE)

- Intraoperative fractures
Sumedh TALKWALKAR (UK)
- Malpositioning of the cup, misalignment of the prosthesis, tension:
How to detect ? Acceptable limits ?
Benjamin PANZRAM (DE)
- Intraoperative conversion in resection arthroplasty. Tips and tricks
Martin JUNG (DE)
- Additional procedures. Handling of MCP I
Damian GOMEZ (SP)

5:30

End of session

6:30

Gala dinner

More information on the next page



Radisson 



GALA DINNER

FRIDAY 1 MAY, 2026

Starting from 6:30 PM



The Gala Evening is a highlight of the event, bringing together all participants for an elegant and festive night. The program includes a cocktail dinner and opportunities to network in a warm and sophisticated atmosphere.

Pre registration required.



DAY 2

SATURDAY 2 MAY 2026

8:30 Welcoming and coffee

9:00 – 11:00

SESSION 5

Surgery 3: Revision strategies / case discussions

Scientific committee: Stéphane BARBARY, MD (FR)

International Faculty: Damian GOMEZ, MD (SP) / Marion MÜHLDORFER, MD PhD (DE)

- What symptoms might indicate a postoperative problem? Diagnostics?
Adverse event exemples
Stéphane BARBARY (FR)
- De Quervain
Adil TRABELSI (FR)
- Mechanical complication at early stage: Implant or bone conflict without loosening / Overstress / Stiffness / Dislocation
Nicolas DRÉANT (FR)
- Cup loosening and long term failure
Jacques TEISSIER (FR) / Stéphane BARBARY (FR)
- Cases from the audience
- Cases from the faculty. Pushing the limits
Adil TRABELSI (FR) / Daniel HERREN (CH) / Joris DUERINCKX (BE)

11:00 – 11:30 Coffee Break and Exhibition Visit

DAY 2

SATURDAY 2 MAY 2026

11:30 - 1:30

SESSION 6

Outcome measures and future projects

Scientific committee: Laurent OBERT, MD, Prof. (FR)

International Faculty: Axel KAULICH, MD (AT) / Michaël SOLOMONS, MD (RSA)

- **Why the CMC 1 prosthesis matters: Prevalence of thumb and hip osteoarthritis and surgical rates**
Laurent OBERT (FR)
- **How to measure and document outcomes?**
Miriam MARKS (DE)
- **Analysis on French data on 40.000 TOUCH® CMC 1 prosthesis**
Bernard PRANDI (FR)
- **TOUCH® in the US. First experience, what can we learn?**
Jonathan TUETING (US)
- **Future project: Education including virtual reality**
Thomas GREGORY (FR)
- **Can we use KI and VR in future to improve CMC 1 arthroplasty**
Daniel HERREN (CH)

1:30

End of the symposium and Lunch

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