

2nd INTERNATIONAL SYMPOSIUM ON CMC 1 PROSTHESIS

**MAY 1-2,
2026**

Nice, France

Chairmen

Daniel HERREN, MD (*Switzerland*)
Adil TRABELSI, MD (*France*)

Scientific committee led by

Joris DUERINCKX, MD PhD (*Belgium*)

PROGRAM

STATE OF THE ART IN CMC 1

www.cmc1symposium.com

CMC1
SYMPOSIUM
— 2ND EDITION —

2nd INTERNATIONAL SYMPOSIUM ON CMC1 PROSTHESIS

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Nice, France

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STATE OF THE ART IN CMC 1

Join leading hand surgeons from around the world for a two-day symposium dedicated to CMC 1 osteoarthritis and prosthesis surgery.

Through six highly practical oriented sessions, we will examine patient profiling, treatment algorithms, implant evolution and design, and key surgical techniques from preoperative imaging to precise implantation. Interactive debates will address complications, revision decision-making, and real case discussions, culminating in an exploration of emerging concepts and future innovations in CMC 1 management.

Delivered by a distinguished international faculty, the programme offers exceptional scientific depth and a truly global perspective.

A premium learning experience providing hand surgeons with practical, evidence-based strategies for immediate use in the operating room.

Chairmen

Daniel HERREN, MD (CH)
Adil TRABELSI, MD (FR)

Scientific committee

Joris DUERINCKX, MD PhD (BE)
Stéphane BARBARY, MD (FR)
Lionel ATHLANI, MD, Prof. (CH)
Nicolas DREANT, MD (FR)
Martin JUNG, MD, Prof. (DE)
Zafar NAQUI, MD (UK)
Laurent OBERT, MD, Prof. (FR)

International Faculty

Enrico CARITA, MD (IT)
Tjeerd DE JONG, MD (NL)
Damian GOMEZ, MD (SP)
Matteo GUZZINI, MD, Prof. (IT)
Axel KAULICH, MD (AT)
Thomas KROHN, MD (DE)
Olivier MARES, MD (FR)
Marion MÜHL DORFER, MD PhD (DE)
Benjamin PANZRAM, MD, Prof. (DE)
Michaël SOLOMONS, MD (RSA)
Sumedh TALWALKAR, MD (UK)
Alain TCHURUKDICHIAN, MD (FR)
Jacques TEISSIER, MD (FR)

SYMPOSIUM

DAY 1

FRIDAY 1 MAY 2026

8:00 Welcoming and coffee

8:30 - 10:45

SESSION 1

The Patient: Introduction / Anatomy / Biomechanics / CMC OA

Scientific committee: Zafar NAQUI, MD (UK)

International Faculty: Tjeerd DE JONG, MD (NL) / Matteo GUZZINI, MD, Prof. (IT)

- Introduction
Zafar NAQUI (UK)
- Why CMC 1 implant arthroplasty change my life? Patient feedback
Graham CHEUNG (UK)
- What is special about the CMC 1 joint? Look into anatomy and biomechanics
Mohssen HAKIMI (DE)
- Why is the thumb saddle joint prone to become osteoarthritic? Patient's profil
Jane MCEACHEN (UK)
- Panopticum of treatment options in CMC 1 OA
Zafar NAQUI (UK)
- Diagnostics of thumb saddle joint OA
Kjell VAN ROYEN (BE)
- Redflags around patients which require treatment of CMC 1 OA / Patient's profil / Pre-op and post-op management
Alex LLUCH (SP)

10:45 - 11:10

Coffee Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

11:10 - 12:45

SESSION 2

History : CMC 1 implant arthroplasty Design and function

Scientific committee: Lionel ATHLANI, MD, Prof. (FR) / Nicolas DREANT, MD (FR)

International Faculty: Smedh TALWALKAR, MD (UK) / Jacques TEISSIER, MD (FR)

- Why a ball-and-socket joint?
Tristan LASCAR (FR)
- The CMC 1 prosthesis: from single to double mobility
Cyril FALAISE (FR)
- 4th generation of implant : differences from previous generations and summary of best and worst prostheses
Jean-Luc ROUX (FR)
- Material properties: wear, fatigue and oxidation
Julie MOTTET (FR)
- Are allergic patients an issue?
Nicolas BIGORRE (FR)
- Bone implant fixation / Osseointegration / Is bone cement an option?
Jonathan HOBBY (UK)

12:45 - 2:00

Lunch Break

DAY 1

FRIDAY 1 MAY 2026

2:00 - 3:45

SESSION 3

Surgery 1: Indication / Standard technique

Scientific committee: Martin JUNG, MD, Prof. (DE)

International Faculty: Thomas KROHN, MD (DE) / Olivier MARES, MD (FR)

- Indication for CMC 1 arthroplasty
Nicolas DREANT (FR)
- Planing and learning curve / Intra operative X-ray
Thomas KROHN (DE)
- Surgical approach and handling of the soft tissue including release
Jean-Michel COGNET (FR)
- Metacarpal & Trapezium preparation
Joris DUERINCKX (BE)
- Biomechanical considerations around the cup / Alignment / Stress balance
Lionel ATHLANI (CH)
- Which neck? Tension
Renaud DUCHE (FR)
- Post op according to patient profil / What do you do ?
Olivier MARES (FR)

3:45 -4:15

Coffee Break and Exhibition Visit

DAY 1

FRIDAY 1 MAY 2026

4:15 - 5:30

SESSION 4

Surgery 2: Intraoperative complications and their possible solutions

Scientific committee: Joris DUERINCKX, MD PhD (BE)

International Faculty: Enrico CARITA, MD (IT) / Benjamin PANZRAM, MD, Prof. (DE)

- **Intraoperative fractures**
Sumedh TALKWALKAR (UK)
- **Malpositioning of the cup, misalignment of the prosthesis, tension: How to detect ? Acceptable limits ?**
Benjamin PANZRAM (DE)
- **Intraoperative conversion in resection arthroplasty. Tips and tricks**
Martin JUNG (DE)
- **Additional procedures. Handling of MCP I**
Damian GOMEZ (SP)
- **Extreme indications**
Alain TCHURUKDICHIAN (FR)

5:30

End of session

7:00

Networking gala dinner

More information on the next page



Radisson 



NETWORKING GALA DINNER

FRIDAY 1 MAY, 2026

Starting from 7:00 PM

The Gala Evening is a highlight of the event, bringing together all participants for an elegant and festive night. The program includes a barbecue dinner and opportunities to network in a warm and sophisticated atmosphere.

- **Venue:** Radisson Blu Hotel Nice private beach, 223 Promenade des Anglais
- **Dress code:** Casual chic
- **In case of bad weather,** the event will take place in the hotel restaurant 223 (ground floor).

Only for registered participant.



SEE YOU AT
THE BEACH !

DAY 2

SATURDAY 2 MAY 2026

8:00 Welcoming and coffee

8:30 - 9:45

SESSION 5.1

Surgery 3: Revision strategies

Scientific committee: Stéphane BARBARY, MD (FR)

International Faculty: Damian GOMEZ, MD (SP) / Marion MÜHL DORFER, MD PhD (DE)

- What symptoms might indicate a postoperative problem? Diagnostics?
Adverse event examples
Stéphane BARBARY (FR)
- De Quervain Tenosynovitis after CMC 1 prosthesis
Adil TRABELSI (FR)
- Mechanical complication at early stage without loosening
Nicolas DREANT (FR)
- Cup loosening and long term failure
Jacques TEISSIER (FR) / Stéphane BARBARY (FR)

9:45 - 10:45

SESSION 5.2

Cases from the audience

Chairmen: Daniel Herren, MD (CH) / Adil Trabelsi, MD (FR)

Scientific committee: Joris DUERINCKX, MD PhD (BE)

10:45 - 11:15

Coffee Break and Exhibition Visit

DAY 2

SATURDAY 2 MAY 2026

11:15 - 1:00

SESSION 6

Outcome measures and future projects

Scientific committee: Laurent OBERT, MD, Prof. (FR)

International Faculty: Axel KAULICH, MD (AT) / Michaël SOLOMONS, MD (RSA)

- Why the CMC 1 prosthesis matters: Prevalence of thumb and hip osteoarthritis and surgical rates
Laurent OBERT (FR)
- How to measure and document outcomes?
Miriam MARKS (DE)
- Analysis on French data on 40.000 TOUCH® CMC 1 prosthesis
Bernard PRANDI (FR)
- TOUCH® in the US. First experience, what can we learn?
Jonathan TUETING (US)
- Future project: Education including virtual reality
Thomas GREGORY (FR)
- Can we use AI and VR in future to improve CMC 1 arthroplasty
Daniel HERREN (CH)

1:00 - 2:30

Lunch Break

2:30

End of the symposium

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